

providing for their children, and being with them. With no other options, parents are prevented from raising their children, just so they don't lose the benefits for their kids. Even when single parents work, the wages are not enough to support a family. Working full-time for \$10 an hour is only about \$19,000 a year. This fact explains many single parents' realities that are never ending. Minimum wage jobs do not pay enough to support a family. However, single parents can prevail. My mom shared that "The single moms I know are some of the most mentally-strong people I've ever met, and no matter what, they prevail." This piece of evidence shows that there is no option to give up, you have to keep pushing no matter what the circumstance is. In the end, there really is no way of getting out of this everlasting loop-hole, unless you are thrown a lifeline.

Technology provides many of the answers to these problems. The solutions are there, they would benefit not only single parents, but eventually in the long run, it would benefit everyone. An online database and one-stop shop: housing, services, food, healthcare. Just one simple example of a solution that can be extremely beneficial because it can be used for different things and in different ways. All the government assistance programs being in one, easy to access place would make it simpler for single parents to get the support they need, and that tax dollars are paying for. Technology could help in other ways as well. Imagine you are a single mom, there is no one else at home to leave your other child(ren) with, while you rush the sick one to the emergency room. —If you could use an app like pingmd.com app, all you would have to do is "ping" your doctor directly, share photos, and list out the symptoms. This would save time before scheduling an appointment and visiting a doctor (time the parents are usually at work), and take some of the expenses out of visiting a doctor. There are new solutions being made everyday in order to make life for single parent's easier, this being one of them. Parent's that don't have enough time in the day to record everything that their child is doing, ex: soccer games, presentations, first day of school experiences, etc. This is now being solved with a page called Kidlee. This is another example that will help not only single parents right now, but even parents that just don't have time for it.

These solutions are only the beginning, if only they were acted upon, single parents could get the assistance they need.

ELLA PARTLOW, MISSISQUOI VALLEY UNION HIGH SCHOOL, JUNIOR

At such a significant time in their lives for personal development, teenagers are one of the most vulnerable age groups when it comes to mental health. According to the National Institute of Medicine, twenty-five percent of Americans experience at least one depressive episode prior to adulthood. More concerning, however, is that the World Health Organization found that many such conditions are ignored; an estimated fifteen percent of teenagers' mental health conditions go "undiagnosed and undertreated". This elucidates that adolescent mental health is not often made a priority. The mental health of American teenagers needs to be taken more seriously.

When teenage mental health is neglected, it becomes an even more pressing issue. Reflecting the detrimental effects of a poor mental health care system, the rates of self harm and suicide in America have increased in recent years. The General Hospital of Psychiatry says that in the past two decades emergency room visits in America for self inflicted harm in all age groups have increased; albeit, these visits were most com-

mon among ages fifteen to nineteen. Additionally, data from the Centers for Disease Control and Prevention explains that there was a thirty percent increase in suicides from years 2000 to 2016. This illuminates that ignoring the mental health of America's youth puts their safety and lives in jeopardy.

In order to solve this problem, it is vital that funding for mental health education programs and support services are increased. The Journal of Adolescent Health identifies "insurance restrictions, poor funding, and low priorities for resources" as the "key obstacles" preventing teenagers from seeking necessary help. A widespread lack of education regarding mental health also contributes to this problem, says The American Academy of Child and Adolescent Psychology. A step towards prioritizing teenage mental health, increased funding and education would result in teenagers feeling supported and having better access to mental health services.

Furthermore, better funding and education will allow for the improvement of on campus mental health service. First, it is necessary that the presence of these services on school campuses are increased. In a report from the National Research Council and Institute of Medicine, adolescents were more likely to receive mental health services when on site services were easily available. Second, diversity, identified by the report as a key component to effective on campus mental health services, should be considered; a more diverse group of health care professionals leads to lower dropout rates in mental health programs, and misdiagnosis of mental illness decreased when there were fewer cultural differences between provider and patient. Ameliorating on campus services by increasing and diversifying them will encourage teenagers to seek help and normalize doing so, creating an atmosphere where youth can comfortably discuss their mental health without fear of being treated as insignificant.

Moreover, improving the funding, education, and available services surrounding teen mental health will allow us to make this issue a larger priority in America. In doing this, we take care of our youth and improve their quality of life.●

REMEMBERING SAM TAYLOR

● Mr. TILLIS. Madam President, I rise today with my colleague, the senior Senator from North Carolina, to honor the life and work of Sam Taylor, the president of North Carolina Biosciences Organization. Sam was a giant in our State and a leading voice for our vital and innovative life sciences and biopharmaceutical sector. A native North Carolinian, his love for his home State and his commitment to its future always shone through. He was a graduate of North Carolina State University, and he received his law degree with high honors from the University of North Carolina at Chapel Hill.

Sam was a dedicated and energetic voice for the biosciences and a terrific partner to those in government and the private sector committed to promoting those industries. This sector has seen remarkable growth in recent years: since 2016, increasing its employment base by 10 percent to reach more than 83,000 jobs in 2018 across 4,210 business establishments. Between 2016 and 2019, the biosciences has attracted more than \$1.5 billion in venture capital in-

vestment to North Carolina. These successes were in no small part due to Sam and his tireless leadership and advocacy.

Sam was one of the founders of NC BIO in 1994, long before most people grasped the industry's potential. His advocacy in the business community, in Raleigh, in Washington, and around the world made a huge difference. Whether promoting our world-class universities, our startups, or more established companies, Sam was always there with the facts, the vision, and the sheer force of will to move our State forward. He worked for the creation of the NCBioImpact training collaborative with the NC Community College System's BioNetwork program, as well as the Biomufacturing Training and Education Center at North Carolina State University and the Biomufacturing Research Institute and Technology Enterprise program at North Carolina Central University.

Sam's work was recognized by the North Carolina Council for Entrepreneurial Development in 2005 with the Chairman's Service Award. He received the Life Science Conference Leadership Award in 2012 and the Life Science Award from Triangle Business Journal in 2015. Just recently and most significantly, he received our State's highest honor, the Order of the Long Leaf Pine. To say Sam was a giant among men is an understatement. He was a leader and a visionary, someone who truly wanted to make our State and world a better place.

North Carolinians have lost a loyal son and a tireless advocate. We have lost a friend and colleague. Today, we ask every member of this body to join us in honoring the life and amazing legacy of Sam Taylor. Our State and the people of the United States are grateful for his life of service, and we know that North Carolina will continue to be one of our Nation's life science innovation hubs in no small part due to him.●

EXECUTIVE AND OTHER COMMUNICATIONS

The following communications were laid before the Senate, together with accompanying papers, reports, and documents, and were referred as indicated:

EC-582. A communication from the Director of the Regulatory Management Division, Environmental Protection Agency, transmitting, pursuant to law, the report of a rule entitled "Approval and Promulgation of State Air Quality Plans for Designated Facilities and Pollutants; Arkansas, Louisiana, New Mexico, and Albuquerque-Bernalillo County, New Mexico; Control of Emissions From Existing Hospital/Infectious Waste Incinerator Units" (FRL No. 10019-25-Region 6) received in the Office of the President of the Senate on February 25, 2021; to the Committee on Environment and Public Works.

EC-583. A communication from the Director of the Regulatory Management Division, Environmental Protection Agency, transmitting, pursuant to law, the report of a rule entitled "Approval of Source-Specific Air Quality Implementation Plans; New Jersey"